

Baaritaanka Kansarka Sambabada ayaa Badbaadin kara Nolashaada



Fred Hutchinson Cancer Center waxay ku bixisaa baaritaan shan goobood oo ku yaal Biyo isku dareedka (Puget Sound) oo loogu talagalay dadka khatarta sare ugu jira kansarka sanbabadar. Haddii goor hore laga war helo, kansarka sanbabada waa la daweyn karaa heerka badbaadaduna si weyn ayay u fiicnaan kartaa.

Dhab ahaantii, heerarka badbaadada shanta sano ee dadka qaba kansarka sanbabada unugyada yaryar waxay ka kordhin karaan 15 boqolkiiba ilaa 84 boqolkiiba marka hore ee la ogaado.

Yaa ah in labaaro?

Waxa laga yaabaa inaad ka faa'iidayso baarista sannadlaha ah haddii ay kuwani ay yihiin kuwa dhab ah:

- Ay da'daadu u dhaxeeyso 50 iyo 80 jir
- Aad cabto sigaar celcelis dhan ugu yaraan 1 baakad maalintii muddo 20 sano ah ama 2 baakad maalintii muddo 10 sano
- Aad hadda sigaarka cabto ama aad joojisay ugu danbayn 15 sano ee lasoo dhaafay

Caymisku miyuu kafaala qadaa baaritaanka kansarka sanbabada?

Inta badan qorshayaasha caafimaadka gaarka ah iyo Medicaid ee Gobolka Washington (Washington Apple Health) ayaa kafaali qaadi doonaan baarista kansarka sanbabada ee shakhsiyadka xaqa u leh ee da'doodu u dhaxayso 50-80 halka Medicare ay kafaala qaado baarista kansarka sanbabada ee shakhsiyadka xaqa u leh ee da'doodu tahay 50-77. Daryeelka dabagalka ah ee loo baahan yahay kadib baaritaanka ayay u badan tahay in caymiskaagu kafaalo qaado ama Medicare ama Medicaid; hase yeeshee, fadlan la xariir shirkadaada caymiska si aad u hubiso inay kafaala qaadaan ama wac Adeegyada Dhaqaalaha ee Bukaanka (Patient Financial Services)

oo aad ka helayso (206) 606-6226 si aad u waydiiso su'aalo kasta oo ku saabsan xaqiijinta.

Muxuu baaritaanku ka koobanyahay?

Iskaanku waa qaab boobsiis ah, fudud, oo aan xanuun lahayn oo aad galayso ayadoon dharka lagaa bixin. Noocan gaarka ah ee raajada, ee loo yaqaan CT scan-ga yar-yar, ayaa kaa qaada sawiro badan markaad ku jifto miis ka soo gudaha iyo banaankaba u mara mashiinta.

Wixii macluumaad dheeraad ah

Booqo websaaydhkeena ama nala soo xidhiidh. Hubi inaad kala hadasho bixiyaha xanaanada caafimaadka aasaasiga ah wixii ah gudbinta baaritaanka kansarka sanbabada. Fadlan dooro mid ka mid ah shanta goobood ee u habboon:

**Fred Hutchinson Cancer Center —
South Lake Union**

UW Medical Center — Roosevelt

**UW Medicine Primary Care
Outpatient Medical Center**

Harborview Medical Center

UW Medicine Eastside Specialty Center

Waxbadan ka ogoo

**FredHutch.org/LungScreening or
(206) 606-1434**

Fred Hutchinson Cancer Center waa urur madax banaan oo sidoo kale u adeega barnaamijka kansarka UW Medicine.

UW Medicine